

Reiki Treatment Guide

Treatment for	Head				Body						Legs/feet			Back				
	H1	H2	H3	H4	B1	B2	B3	B4	B5	B6	L1	L2	L3	BA1	BA2	BA3	BA4	BA5
Acne			H3		B1	B2	B3	B4	B5	B6						BA3	BA4	
Allergies	H1	H2	H3		B1	B2	B3	B4		B6			L3			BA3		
Anxiety		H2		H4	B1		B3	B4		B6		L2					BA4	
Arthritis	H1	H2	H3							B6			L3			BA3	BA4	
Asthma	H1		H3	H4	B1	B2	B3			B6		L2	L3			BA3		
Back problem		H2	H3	H4							L1	L2	L3	BA1	BA2	BA3	BA4	BA5
Bronchitis	H1		H3	H4		B2	B3	B4				L2	L3		BA2		BA4	
Broken bones	H1		H3										L3				BA4	BA5
Hypertension	H1	H2	H3		B1		B3	B4	B5				L3					
Hypotension	H1	H2	H3										L3		BA2	BA3	BA4	BA5
CP	H1	H2	H3	H4						B6			L3	BA1			BA4	BA5
Circulation	H1	H2	H3				B3	B4					L3		BA2	BA3		
Common cold	H1	H2	H3		B1	B2	B3			B6			L3	BA1			BA4	
Colic	H1	H2	H3	H4				B4	B5	B6			L3			BA3	BA4	
Cysts	H1	H2	H3		B1	B2	B3			B6			L3		BA2	BA3	BA4	
Depression	H1	H2	H3	H4	B1		B3		B5	B6			L3		BA2			
Diabetes		H2	H3		B1		B3	B4	B5				L3			BA3	BA4	
Dizziness	H1	H2	H3	H4								L2	L3					
Dysmenorré		H2	H3		B1			B4	B5	B6		L2	L3			BA3	BA4	
Eczema	H1		H3	H4	B1	B2	B3			B6		L2	L3		BA2	BA3		
Endometriosis	H1	H2	H3		B1		B3	B4	B5	B6		L2	L3			BA3		
Epilepsy	H1	H2	H3	H4				B4	B5				L3				BA4	BA5
Eyes/vision	H1	H2	H3	H4					B5	B6		L2	L3	BA1		BA3	BA4	BA5
Fear		H2		H4	B1		B3	B4		B6		L2					BA4	
Fibromyalgi	H1	H2	H3	H4	B1	B2	B3	B4	B5	B6	L1	L2	L3	BA1	BA1	BA3	BA4	BA5
Gall bladder	H1	H2	H3				B3	B4	B5	B6			L3			BA3	BA4	
Gout	H1	H2			B1				B5	B6		L2				BA3	BA4	
Headache	H1	H2	H3							B6	L1	L2	L3	BA1				
Heart		H2	H3				B3	B4	B5	B6			L3	BA1	BA2		BA4	
Hemorrhoids								B4	B5	B6							BA4	
Hearing	H1	H2	H3	H4	B1							L2	L3					BA5
Hips			H3	H4					B5	B6	L1	L2	L3	BA1			BA4	
Hormones	H1	H2			B1			B4		B6				BA1			BA4	
Immune sys.		H2	H3	H4	B1			B4	B5							BA3		BA5
Incontinence	H1		H3						B5	B6	L1		L3			BA3	BA4	
Insomnia	H1	H2	H3		B1			B4					L3	BA1				
Kidneys	H1	H2	H3							B6	L1		L3			BA3	BA4	
Lungs	H1		H3	H4		B2	B3	B4				L2	L3		BA2		BA4	

Reiki Handpositions

Head



H1



H2



H3



H4

Body



B1



B2



B3



B4 alt.



B4



B5



B6

Legs and Feet



L1



L2



L3

Back



BA1



BA2



BA3



BA4



BA4 alt.



BA5